To reset MT/Micro:

[1] Turn off the power supply
[2] Connect both reset point like you can see at A and put the
     power back on
[3] If the LED starts to flicker disconnect the reset points.
[4] Now the controller is ready to be programmed again.
[5] Connect your laptop and open the MT/Micro program
[6] The MT/Micro will load the new firmware.

LED light green = OK